

## 2013

## 14.9.13 Seeland Triathlon Circuit

			1.5 km	40 km	10.0 km			
5/	ak1	Adrian Thorpe	0:21:37 14:25	1:05:18 36.8	0:40:57 4:06 4:06	2:07:00		
24/	ak1	Markus Moser	0:31:14 20:49	1:08:48 34.9	0:39:56 4:00 4:00	2:19:58		

## 14.9.13 Seeland Triathlon Medium

			1.9 km	84 km	20.0 km			
6/	ak3	Walter Wettstein	0:38:21 20:11	2:35:15 32.5	1:52:56 5:39 5:39	5:06:33		

## 1.9.13 Locarno Triathlon olympisch

			1.5 km	40 km	10.0 km			
2/13	M35	Adrian Thorpe	0:21:49 14:33	1:00:20 39.8	0:38:20 3:50 3:50	2:03:05		
44/192	M45	Pius Amrein	0:45:58 30:39	2:11:15 18.3	0:45:22 4:32 4:32	2:47:47		

## 1.9.13 Powerman Duathlon Zofingen

			150 km	40.0 km			
1/15	M45	Beat Murer	4:25:02 34	3:03:08 4:35 4:07	7:33:11		
44/132	M40	Mario Morger	5:31:25 27.2	4:02:21 6:04 5:27	9:40:43		

## 1.9.13 Powerman short Duathlon

			50 km	15.0 km			
21/45	HK	Marisa Matafora	1:58:50 25.2	1:26:29 5:46 5:46	3:28:30		

## 25.8.13 Uster Tri short distance

			0.75 km	20 km	5.0 km			
6/	HK	Nadia Elmer	0:14:21 19:08	0:33:05 36.3	0:22:25 4:29 4:44	1:12:32		
1/	ak2	Yvonne Murer	0:15:34 20:45	0:33:34 35.7	0:23:00 4:36 4:51	1:15:58		
19/	hk	Miriam Cadisch	0:15:36 20:48	0:33:32 35.8	0:25:42 5:08 5:25	1:18:53		
7/	AK2	Walter Bürki	0:16:19 21:45	0:29:27 40.7	0:19:32 3:54 4:07	1:07:46		
16/	ak2	Beat Murer	0:16:13 21:37	0:28:46 41.7	0:19:36 3:55 4:08	1:08:43		
10/	ak1	Ueli Brägger	0:15:15 20:20	0:28:54 41.5	0:21:47 4:21 4:36	1:09:07		
9/	AK3	Max Weiss	0:19:20 25:47	0:33:47 35.5	0:22:20 4:28 4:43	1:20:27		
46/	AK2	Pius Amrein	0:23:04 30:45	0:33:09 36.2	0:22:21 4:28 4:43	1:22:48		

## 25.8.13 Uster Triathlon Circuit

			1.5 km	40 km	10.0 km			
34/	HK	Esther Pachmann	0:37:50 25:13	1:20:24 29.9	0:45:38 4:34 4:34	2:48:37		
7/21	AK1	Wolfi Braune-Krickau	0:22:14 14:49	1:07:59 35.3	0:38:12 3:49 3:49	2:11:26		

8/	AK3	Walter Wettstein	0:28:08	18:45	1:17:46	30.9	0:49:46	4:59	4:59	2:39:43
73/	ak2	Patrick Grealy	0:36:25	24:17	1:15:51	31.6	0:45:36	4:34	4:34	2:42:27
136/312	ak1	Ingo Haas	0:34:47	23:11	1:18:12	30.7	0:46:10	4:37	4:37	2:43:59
138/	ak1	Mario Morger	0:34:52	23:15	1:16:28	31.4	0:48:07	4:49	4:49	2:44:11
85/	ak2	Andreas Bleiker	0:29:39	19:46	1:19:36	30.2	0:51:03	5:06	5:06	2:45:35
95/	AK2	Douwe Vonk	0:31:19	20:53	1:19:39	30.1	0:55:40	5:34	5:34	2:53:28
115/	AK2	René Balz	0:43:34	29:03	1:20:20	29.9	0:47:19	4:44	4:44	2:58:39

### 10.8.13 Schaffhauser Triathlon kurz

		2.4 km	31.5 km	7.8 km					
3/	Walter Bürki	0:16:39	06:56	0:52:35	35.9	0:32:52	4:13	4:13	1:44:23
9/	Max Weiss	0:18:49	07:50	1:03:02	30	0:39:59	5:08	5:08	2:06:20

### 10.8.13 Schaffhauser Triathlon lang

		5. km	59.5 km	15.6 km					
11/	Silvio Ziegler	0:40:28	08:06	1:37:40	36.6	1:07:42	4:20	4:20	3:29:36
1/	René Kälin	0:38:18	07:40	1:44:02	34.3	1:10:16	4:30	4:30	3:36:32
2/	Rolf Messerli	0:37:46	07:33	1:46:40	33.5	1:24:58	5:27	5:27	3:53:15
5/	Walter Wettstein	0:37:33	07:31	1:59:01	30	1:27:35	5:37	5:37	4:08:43
43/	Mario Morger	0:41:21	08:16	1:57:41	30.3	1:27:59	5:38	5:38	4:13:27

### 10.8.13 Wiesbaden Ironman 70.3

		1.9 km	90 km	21.1 km					
40/	Dani Zurfluh	0:29:36	15:35	2:41:26	33.5	1:36:02	4:33	4:33	4:52:47

### 3.8.13 Nyon Triathlon Circuit

		1.5 km	43.6 km	10.0 km					
8/	Sandrine Benz	0:26:59	17:59	1:19:34	32.9	0:47:22	4:44	4:44	2:38:00

### 28.7.13 Zürich Ironman

		3.8 km	180 km	42.2 km					
8/	Wolfi Braune-Krickau	1:04:22	16:56	5:19:41	33.8	3:31:17	5:00	4:29	10:01:03
4/	René Kälin	1:37:25	25:38	5:30:45	32.7	3:45:02	5:20	4:46	11:02:39

### 22.7.13 Roth Challenge

		3.8 km	180 km	42.2 km					
415/	Patrick Grealy	1:20:56	21:18	5:54:25	30.5	5:02:07	7:10	7:10	12:25:08

### 20.7.13 Hamburg Triathlon WM olympisch

		1.5 km	40 km	10.0 km		
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/	Sandrine Benz	0:25:17 16:51	1:09:24 34.6	0:44:28 4:27 4:27
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### 15.7.13 Zürich Triathlon 5150

		1.5 km	40 km	10.0 km		
2/	Nadja Kessler	0:30:02 20:01	1:05:36 36.6	0:43:34 4:21 4:21	2:21:39	
18/	Nadja Schätti	0:39:30 26:20	1:12:46 33	0:54:58 5:30 5:30	2:49:49	
14/	Mario Studer	0:33:23 22:15	0:58:27 41.1	0:41:30 4:09 4:09	2:16:01	
20/	Thomas Hauser	0:29:54 19:56	1:02:08 38.6	0:47:56 4:48 4:48	2:22:58	
18/	Didier Rodelli	0:32:09 21:26	1:06:49 35.9	0:44:02 4:24 4:24	2:25:49	
25/	Ueli Brägger	0:32:59 21:59	1:03:45 37.6	0:50:36 5:04 5:04	2:31:08	
53/	Andreas Bleiker	0:36:26 24:17	1:17:03 31.1	1:00:51 6:05 6:05	2:58:40	
119/	Markus Bachmann	0:40:21 26:54	1:13:28 32.7	1:05:24 6:32 6:32	3:03:52	
2/	Bruno Christen	0:56:13 37:29	1:22:03 29.3	1:09:58 7:00 7:00	3:33:45	

### 15.7.13 Zürich Triathlon short

		0.5 km	20 km	5.0 km		
2/	Claudia Günsberg	0:09:39 19:18	0:31:22 38.3	0:23:33 4:43 4:58	1:06:42	

### 23.6.13 Sempachersee Tri short

		0.5 km	21 km	5.0 km		
4/10	HK Nadia Elmer	0:12:25 24:50	0:40:10 31.4	0:23:02 4:36 4:36	1:15:38	
1/3	HK Dani Zurfluh	0:10:51 21:42	0:33:08 38.0	0:19:38 3:56 3:56	1:03:38	
14/34	AK1 Ueli Brägger	0:13:08 26:16	0:34:07 36.9	0:23:07 4:37 4:37	1:10:23	
2/55	AK3 Rolf Messerli	0:11:56 23:52	0:36:46 34.3	0:24:46 4:57 4:57	1:13:29	
32/132	AK2 Douwe Vonk	0:16:07 32:14	0:39:02 32.3	0:26:17 5:15 5:15	1:21:26	

### 23.6.13 Sempachersee Triathlon Circuit Sprint

		0.75 km	21 km	5.0 km		
6/9	HK Sandrine Benz	0:16:05 21:27	0:37:43 33.4	0:21:13 4:15 4:15	1:15:02	
28/55	HK Nadja Schätti	0:23:13 30:57	0:40:24 31.2	0:24:35 4:55 4:55	1:28:12	
21/43	HK Oliver Schätti	0:17:57 23:56	0:33:46 37.3	0:19:37 3:55 3:55	1:11:20	
22/52	AK1 Stefan Jansen	0:18:40 24:53	0:33:12 38	0:19:55 3:59 3:59	1:11:48	
10/154	AK3 Walter Wettstein	0:18:40 24:53	0:39:11 32.2	0:25:56 5:11 5:11	1:23:47	

### 16.6.13 Thuner Supersprint

		200. km	6 km	1.6 km		
7/7	Sandrine Benz				0:21:19	

### 9.6.13 Zytum Triathlon Circuit Zug

1.5 km	40 km	10.0 km
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8/12		Nadja Kessler	0:26:16	17:31	1:04:54	37	0:42:12	4:13	4:13	2:13:23
35/59		Nora Wieloch	0:26:06	17:24	1:15:48	31.7	0:49:33	4:57	4:57	2:31:28
8/28		Wolfi Braune-Krickau	0:20:00	13:20	1:00:59	39.4	0:40:04	4:00	4:00	2:01:05
25/36	HK	Oliver Schätti	0:24:45	16:30	0:59:38	40.2	0:38:20	3:50	3:50	2:02:45
14/42		Adrian Thorpe	0:20:02	13:21	0:59:35	40.3	0:43:51	4:23	4:23	2:03:29
35/63		Stefan Jansen	0:25:25	16:57	1:00:11	39.9	0:41:04	4:06	4:06	2:06:40
35/67		Mario Studer	0:26:42	17:48	1:00:11	39.9	0:40:29	4:03	4:03	2:07:23
19/317		Rolf Kaul	0:28:57	19:18	1:17:00	31.2	0:56:03	5:36	5:36	2:42:00
4/337		Bruno Christen	0:34:33	23:02	1:16:20	31.4	1:03:03	6:18	6:18	2:53:57

9.6.13 Zytturm Tri short distance

			0.5 km	40 km	5.0 km					
4/5	HK	Nadia Elmer	0:08:31	17:02	1:11:01	33.8	0:25:10	5:02	5:19	1:44:44
16/27	HK	Marisa Matafora	0:09:42	19:24	1:12:00	33.3	0:29:44	5:57	6:16	1:51:27
2/4		Dani Zurfluh	0:07:54	15:48	0:57:16	41.9	0:22:06	4:25	4:40	1:27:17
31/2		Rolf Messerli	0:08:51	17:42	1:00:23	39.7	0:27:01	5:24	5:42	1:36:16
4/77	AK3	Walter Wettstein	0:09:18	18:36	1:06:55	35.9	0:30:22	6:04	6:24	1:46:36
42/158	AK2	Frank Oosterbaan								2:36:09

26.5.13 Frauenfeld Triathlon long distance

			0.8 km	34 km	7.2 km					
7/15	HK	Nadia Elmer	0:17:32	21:55	1:17:30	26.3	0:34:51	4:50	4:38	2:09:54
15/24	HK	Esther Pachmann	0:23:30	29:22	1:19:59	25.5	0:32:00	4:27	4:15	2:15:30
6/15	AK1	Wolfi Braune-Krickau	0:13:40	17:05	1:02:59	32.4	0:26:38	3:42	3:32	1:43:18
10/18	HK	Dani Zurfluh	0:15:21	19:11	1:01:11	33.3	0:27:41	3:51	3:41	1:44:13
3/100	AK3	Rolf Messerli	0:20:03	25:04	1:15:22	27.1	0:33:35	4:40	4:28	2:09:01

26.5.13 Frauenfeld Triathlon short

			0.5 km	17 km	5.4 km					
4/4	HK	Oliver Schätti	0:12:27	24:54	0:32:19	31.6	0:19:42	3:39	3:39	1:04:29
3/10	AK1	Ueli Brägger	0:11:46	23:32	0:33:03	30.9	0:23:44	4:24	4:24	1:08:35

5.5.13 Thurgauer Triathlon short distance

			0.2 km	17 km	4.0 km					
5/9		Ueli Brägger								0:50:07

5.5.13 Thurgauer Triathlon Stettfurt (kalt)

			0.4 km	34 km	8.0 km					
5/8		Sandrine Benz	0:06:30	16:15	1:02:38	32.6	0:35:09	4:24	4:24	1:44:18
15/25		Nadia Elmer	0:07:17	18:12	1:07:57	30.0	0:39:11	4:54	4:54	1:54:27

31/57	Miriam Cadisch	0:08:30 21:15	1:13:24 27.8	0:46:44 5:51 5:51	2:08:39
12/33	Wolfi Braune-Krickau	0:05:58 14:55	0:56:47 35.9	0:31:11 3:54 3:54	1:33:57
25/49	Silvio Ziegler	0:09:04 22:40	0:54:44 37.3	0:32:32 4:04 4:04	1:36:21
10/60	Walter Bürki	0:08:14 20:35	0:57:25 35.5	0:32:32 4:04 4:04	1:38:12
19/196	Max Giger	0:08:54 22:15	1:00:19 33.8	0:33:50 4:14 4:14	1:43:14
6/148	Rolf Messerli	0:07:11 17:57	1:01:26 33.2	0:38:22 4:48 4:48	1:47:00
70/246	René Balz	0:11:50 29:35	1:11:31 28.5	0:37:33 4:42 4:42	2:00:55

### 28.4.13 Rheintal Duathlon SDC

		17.5 km	8.0 km			
6/	HK Sandrine Benz	0:28:57 36.3	0:31:49	3:59	3:59	1:02:33

### 14.4.13 Walliseller Tri

		0.6 km	16 km	4.0 km			
8/13	HK Claudia Günsberg	0:10:34 17:37	0:31:08 30.8	0:18:41	4:40	4:40	1:00:24
18/39	HK Nadja Schätti	0:16:45 27:55	0:31:21 30.6	0:20:02	5:01	5:01	1:08:09
3/10	AK1 Wolfi Braune-Krickau	0:09:59 16:38	0:25:25 37.8	0:15:57	3:59	3:59	0:51:21
12/22	HK Oliver Schätti	0:12:17 20:28	0:25:14 38.0	0:15:33	3:53	3:53	0:53:05
11/199	AK3 Max Weiss	0:16:59 28:18	0:31:37 30.4	0:20:19	5:05	5:05	1:08:56
49/231	AK2 René Balz	0:21:08 35:13	0:29:57 32.1	0:20:44	5:11	5:11	1:11:50

### Zusammenfassung

Wettkampfteilnahmen: 98	Distanz	swim 122.0 km	bike 3961.6 km	run 957.1 km	overall 5040.6 km
Anzahl Athleten: 39	Zeit	1 12:41:07	4 00:57:58	2 06:59:12	9 00:22:31
Anzahl Wettkaempfe: 27					