

# Joggerträff Jahresliste 2012



Zeit      Schnitt      10 km

|         |                               |            |         |              |
|---------|-------------------------------|------------|---------|--------------|
| 1.1.12  | Neujahrsmarathon Dietikon     | 42.195 km  |         |              |
|         | Peter Bodenmann               |            | 3:52:55 | 5:31    4:56 |
| 1.1.12  | Neujahrshalbmarathon Dietikon | 21.0975 km |         |              |
|         | John C. Andrews               |            | 1:45:26 | 5:00    4:43 |
| 14.1.12 | Neujahrslauf Dietikon         | 12.1 km    |         |              |
|         | Mägi Giger                    |            | 1:03:22 | 5:14    5:10 |
|         | Max Giger                     |            | 0:47:09 | 3:54    3:50 |
|         | Dani Zurfluh                  |            | 0:47:31 | 3:56    3:52 |
|         | Thomas Meier                  |            | 0:47:54 | 3:58    3:54 |
|         | Lukas Messikommer             |            | 0:48:56 | 4:03    3:59 |
|         | Martin Schmidl                |            | 0:50:15 | 4:09    4:06 |
|         | John C. Andrews               |            | 0:55:04 | 4:33    4:29 |
|         | Carlo Fusco                   |            | 0:55:07 | 4:33    4:29 |
|         | Vincenzo Zuzolo               |            | 0:59:45 | 4:56    4:52 |
|         | Stefan Weilbächer             |            | 1:00:33 | 5:00    4:56 |
|         | Hanspeter Suter               |            | 1:02:35 | 5:10    5:06 |
|         | Michael Richter               |            | 1:05:48 | 5:26    5:22 |
| 3.2.12  | Engelberg Snow Run            | 21.1 km    |         |              |
|         | Peter Schranz                 |            | 1:37:59 | 4:39    4:39 |
|         | Erich Weber                   |            | 1:56:18 | 5:31    5:31 |
|         | Remo Uhler                    |            | 2:03:34 | 5:51    5:51 |
| 25.2.12 | Bremgarten-Reusslauf          | 11 km      |         |              |
|         | Mägi Giger                    |            | 0:55:17 | 5:02    5:00 |
|         | Peter Schranz                 |            | 0:40:44 | 3:42    3:41 |
|         | Dani Zurfluh                  |            | 0:41:18 | 3:45    3:44 |
|         | Ignazio Provinzano            |            | 0:41:56 | 3:49    3:48 |
|         | Beat Murer                    |            | 0:42:00 | 3:49    3:48 |
|         | Max Giger                     |            | 0:42:18 | 3:51    3:50 |
|         | Thomas Meier                  |            | 0:42:44 | 3:53    3:52 |
|         | Martin Schmidl                |            | 0:44:38 | 4:03    4:02 |
|         | Oliver Schätti                |            | 0:45:00 | 4:05    4:04 |
|         | Heinz Wyler                   |            | 0:45:28 | 4:08    4:07 |
|         | Carlo Fusco                   |            | 0:47:29 | 4:19    4:18 |
|         | Vincenzo Zuzolo               |            | 0:52:31 | 4:46    4:45 |
|         | Mario Morger                  |            | 0:53:42 | 4:53    4:52 |
|         | Hanspeter Suter               |            | 0:54:09 | 4:55    4:54 |
|         | Michael Richter               |            | 1:01:35 | 5:36    5:35 |
|         | Markus Ruoss                  |            | 1:07:43 | 6:09    6:08 |

## Joggerträff Jahresliste 2012



Zeit Schnitt 10 km

| 3.3.12  | Laufsporttag Winterthur | 11 km      |      |      |
|---------|-------------------------|------------|------|------|
|         | Nadja Kessler           | 0:42:52    | 3:54 | 3:52 |
|         | Mägi Giger              | 0:56:37    | 5:09 | 5:07 |
|         | Marianne Henry          | 1:04:36    | 5:52 | 5:50 |
|         | Mario Studer            | 0:40:12    | 3:39 | 3:38 |
|         | Max Giger               | 0:42:20    | 3:51 | 3:49 |
|         | Oliver Schätti          | 0:43:48    | 3:59 | 3:57 |
|         | Didier Rodelli          | 0:44:58    | 4:05 | 4:03 |
|         | Ingo Haas               | 0:46:45    | 4:15 | 4:13 |
|         | Carlo Fusco             | 0:49:12    | 4:28 | 4:26 |
|         | John C. Andrews         | 0:49:46    | 4:31 | 4:29 |
|         | Vincenzo Zuzolo         | 0:52:49    | 4:48 | 4:46 |
| 11.3.12 | Strongman Run Thun      | 16 km      |      |      |
|         | Peter Corti             | 1:39:37    | 6:14 | 6:14 |
| 17.3.12 | Kerzerslauf             | 15 km      |      |      |
|         | Ingrid Balogh           | 1:21:27    | 5:26 | 5:16 |
|         | Helene Niedermann       | 1:29:52    | 5:59 | 5:48 |
|         | Wolfgang Braune-Krickau | 0:58:08    | 3:53 | 3:45 |
|         | Carlo Fusco             | 1:05:07    | 4:20 | 4:12 |
|         | Werner Hauser           | 1:07:25    | 4:30 | 4:21 |
|         | Stephen Dunlop          | 1:08:52    | 4:35 | 4:27 |
|         | Remo Uhler              | 1:09:19    | 4:37 | 4:29 |
|         | Vincenzo Zuzolo         | 1:13:20    | 4:53 | 4:44 |
|         | John C. Andrews         | 1:14:11    | 4:57 | 4:48 |
| 24.3.12 | Limmatlauf Baden        | 13.17 km   |      |      |
|         | Oliver Schätti          | 0:52:17    | 3:58 | 3:58 |
| 25.3.12 | Rhylauf HM Oberriet     | 21.0975 km |      |      |
|         | Peter Schranz           | 1:19:49    | 3:47 | 3:34 |
|         | Carlo Fusco             | 1:32:50    | 4:24 | 4:09 |
|         | Remo Uhler              | 1:36:24    | 4:34 | 4:19 |
|         | Rolf Kaul               | 1:37:06    | 4:36 | 4:21 |
|         | Vincenzo Zuzolo         | 1:42:58    | 4:53 | 4:36 |

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## Joggerträff Jahresliste 2012



Zeit      Schnitt      10 km

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|         |                       |           |      |      |
|---------|-----------------------|-----------|------|------|
| 31.3.12 | Männedörfler Waldlauf | 11.5 km   |      |      |
|         | Nadja Kessler         | 0:47:19   | 4:07 | 4:02 |
|         | Sandra Tschümperlin   | 0:52:54   | 4:36 | 4:30 |
|         | Susanne Glaus         | 0:56:30   | 4:55 | 4:48 |
|         | Mägi Giger            | 1:01:39   | 5:22 | 5:15 |
|         | Hanni Kälin           | 1:04:38   | 5:37 | 5:30 |
|         | Daniela Ammann        | 1:08:00   | 5:55 | 5:47 |
|         | Marianne Henry        | 1:09:02   | 6:00 | 5:52 |
|         | Mario Studer          | 0:43:18   | 3:46 | 3:41 |
|         | Max Giger             | 0:46:27   | 4:02 | 3:57 |
|         | Thomas Meier          | 0:46:40   | 4:03 | 3:58 |
|         | Oliver Schätti        | 0:46:55   | 4:05 | 4:00 |
|         | Roger Bochtler        | 0:48:04   | 4:11 | 4:05 |
|         | Michael Manser        | 0:48:07   | 4:11 | 4:06 |
|         | Martin Schmidl        | 0:48:18   | 4:12 | 4:07 |
|         | Ingo Haas             | 0:48:39   | 4:14 | 4:08 |
|         | René Balz             | 0:56:33   | 4:55 | 4:49 |
|         | Vincenzo Zuzolo       | 0:57:52   | 5:02 | 4:55 |
|         | Michael Richter       | 1:06:13   | 5:45 | 5:38 |
| 1.4.12  | Berlin Halbmarathon   | 21.095 km |      |      |
|         | Ignazio Provinzano    | 1:23:09   | 3:57 | 3:57 |
| 5.4.12  | Ironman 70.3. Texas   | 21.097 km |      |      |
|         | Stefan Jansen         | 1:56:00   | 5:30 | 5:30 |

# Joggerträff Jahresliste 2012



Zeit Schnitt 10 km

| 14.4.12 | GP der Stadt Dübendorf  | 10 km     |      |      |
|---------|-------------------------|-----------|------|------|
|         | Sandra Tschümperlin     | 0:42:23   | 4:14 | 4:14 |
|         | Susanne Glaus           | 0:46:13   | 4:37 | 4:37 |
|         | Mägi Giger              | 0:49:11   | 4:55 | 4:55 |
|         | Marianne Henry          | 0:54:25   | 5:27 | 5:27 |
|         | Mario Studer            | 0:36:15   | 3:38 | 3:38 |
|         | Jonas Trindler          | 0:37:04   | 3:42 | 3:42 |
|         | Thomas Meier            | 0:37:32   | 3:45 | 3:45 |
|         | Michael Manser          | 0:37:50   | 3:47 | 3:47 |
|         | Oliver Schätti          | 0:37:57   | 3:48 | 3:48 |
|         | Max Giger               | 0:38:32   | 3:51 | 3:51 |
|         | Roger Bochtler          | 0:38:32   | 3:51 | 3:51 |
|         | Rico Glaus              | 0:39:44   | 3:58 | 3:58 |
|         | Ingo Haas               | 0:39:58   | 4:00 | 4:00 |
|         | Heinz Wyler             | 0:40:14   | 4:01 | 4:01 |
|         | Carlo Fusco             | 0:42:00   | 4:12 | 4:12 |
|         | René Balz               | 0:44:10   | 4:25 | 4:25 |
|         | John C. Andrews         | 0:44:41   | 4:28 | 4:28 |
|         | Vincenzo Zuzolo         | 0:46:26   | 4:39 | 4:39 |
|         | Michael Richter         | 0:51:36   | 5:10 | 5:10 |
|         | Ruedi Honegger          | 0:58:33   | 5:51 | 5:51 |
| 15.4.12 | Walliseller Tri         | 4 km      |      |      |
|         | Wolfgang Braune-Krickau | 0:16:12   | 4:03 | 4:03 |
|         | Dani Zurfluh            | 0:16:49   | 4:12 | 4:12 |
|         | Adrian Thorpe           | 0:19:18   | 4:50 | 4:50 |
|         | Frank Oosterbaan        | 0:29:17   | 7:19 | 7:19 |
| 21.4.12 | Zürich Marathon         | 42.195 km |      |      |
|         | Ignazio Provinzano      | 2:58:52   | 4:14 | 3:48 |
|         | Michael Manser          | 3:01:35   | 4:18 | 3:51 |
|         | Ingo Haas               | 3:06:38   | 4:25 | 3:57 |
|         | Carlo Fusco             | 3:18:40   | 4:42 | 4:13 |
|         | Stephen Dunlop          | 3:31:07   | 5:00 | 4:29 |
|         | John C. Andrews         | 3:47:48   | 5:24 | 4:50 |
|         | Vincenzo Zuzolo         | 3:51:49   | 5:30 | 4:55 |
|         | Remo Uhler              | 4:11:49   | 5:58 | 5:20 |
| 21.4.12 | Zürich Cityrun          | 10 km     |      |      |
|         | Maren Kummerfeld        | 0:42:39   | 4:16 | 4:16 |
|         | Verena Wiget            | 0:54:11   | 5:25 | 5:25 |
|         | Petra Ganz              | 0:56:33   | 5:39 | 5:39 |

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Zeit Schnitt 10 km

|         |                                    |            |      |      |
|---------|------------------------------------|------------|------|------|
| 29.4.12 | Rheintal Duathlon SDC              | 8 km       |      |      |
|         | Mägi Giger                         | 0:40:58    | 5:07 | 5:07 |
|         | Dani Zurfluh                       | 0:30:26    | 3:48 | 3:48 |
|         | Roger Bochtler                     | 0:30:46    | 3:51 | 3:51 |
|         | Max Giger                          | 0:31:37    | 3:57 | 3:57 |
|         | Silvio Ziegler                     | 0:32:10    | 4:01 | 4:01 |
|         | Stefan Achermann                   | 0:35:31    | 4:26 | 4:26 |
| 1.5.12  | Sihltaler Frühlingslauf            | 10 km      |      |      |
|         | Ruedi Honegger                     | 0:58:29    | 5:51 | 5:51 |
| 6.5.12  | Winterthurer Marathon              | 42.195 km  |      |      |
|         | Peter Schranz                      | 2:46:17    | 3:56 | 3:32 |
| 6.5.12  | Winterthurer HM                    | 21.0975 km |      |      |
|         | Oliver Schätti                     | 1:23:35    | 3:58 | 3:44 |
|         | Peter Bodenmann                    | 1:35:35    | 4:32 | 4:17 |
| 6.5.12  | Zugerberg Classic                  | 6.2 km     |      |      |
|         | Werner Hauser                      | 0:36:40    | 5:55 | 6:08 |
| 6.5.12  | Thurgauer Triathlon short distance | 4 km       |      |      |
|         | Nadia Elmer                        | 0:17:49    | 4:27 | 4:47 |
| 6.5.12  | Thurgauer Triathlon Stettfurt      | 8 km       |      |      |
|         | Yvonne Murer                       | 0:38:45    | 4:51 | 4:51 |
|         | Wolfgang Braune-Krickau            | 0:30:38    | 3:50 | 3:50 |
|         | Dani Zurfluh                       | 0:32:10    | 4:01 | 4:01 |
|         | Beat Murer                         | 0:32:47    | 4:06 | 4:06 |
|         | Walter Bürki                       | 0:33:39    | 4:12 | 4:12 |
|         | Rolf Messerli                      | 0:38:00    | 4:45 | 4:45 |
|         | Stefan Achermann                   | 0:38:26    | 4:48 | 4:48 |
|         | Walter Wettstein                   | 0:44:10    | 5:31 | 5:31 |
|         | Bruno Christen                     | 0:48:58    | 6:07 | 6:07 |
|         | Frank Oosterbaan                   | 0:55:57    | 7:00 | 7:00 |

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Zeit Schnitt 10 km

|         |                                    |           |      |      |
|---------|------------------------------------|-----------|------|------|
| 12.5.12 | GP Bern                            | 16.093 km |      |      |
|         | Maren Kummerfeld                   | 1:15:48   | 4:43 | 4:32 |
|         | Myriam Neyer                       | 1:27:34   | 5:26 | 5:15 |
|         | Nadja Weber                        | 1:29:06   | 5:32 | 5:20 |
|         | Marianne Henry                     | 1:32:17   | 5:44 | 5:32 |
|         | Peter Corti                        | 1:10:40   | 4:23 | 4:14 |
|         | Peter Bodenmann                    | 1:14:05   | 4:36 | 4:26 |
|         | Ignazio Provinzano                 | 1:18:03   | 4:51 | 4:40 |
|         | Heinz - Jürgen Albrecht            | 1:19:13   | 4:55 | 4:45 |
|         | Markus Ruoss                       | 1:37:28   | 6:03 | 5:50 |
| 12.5.12 | Eschenbacher Running Day           | 10.3 km   |      |      |
|         | Susanne Glaus                      | 0:47:26   | 4:36 | 4:36 |
|         | Walter Bürki                       | 0:39:53   | 3:52 | 3:52 |
|         | Martin Schmidl                     | 0:43:00   | 4:10 | 4:10 |
|         | Ruedi Honegger                     | 1:00:49   | 5:54 | 5:53 |
| 13.5.12 | Intervall Duathlon Zofingen        | 12 km     |      |      |
|         | Roger Bochtler                     | 0:44:19   | 3:42 | 3:38 |
|         | Max Giger                          | 0:44:48   | 3:44 | 3:41 |
| 13.5.12 | Intervall Duathlon short distance  | 8 km      |      |      |
|         | Mägi Giger                         | 0:37:48   | 4:44 | 4:48 |
| 13.5.12 | Frauenfeld Triathlon long distance | 7.2 km    |      |      |
|         | Nadja Kessler                      | 0:27:50   | 3:52 | 3:42 |
|         | Natalie Huber                      | 0:35:29   | 4:56 | 4:43 |
|         | Wolfgang Braune-Krickau            | 0:26:16   | 3:39 | 3:30 |
|         | Oliver Schätti                     | 0:27:29   | 3:49 | 3:39 |
|         | Rico Glaus                         | 0:30:09   | 4:11 | 4:00 |
|         | René Kälin                         | 0:30:13   | 4:12 | 4:01 |
|         | Stefan Achermann                   | 0:32:36   | 4:32 | 4:20 |
|         | Rolf Messerli                      | 0:32:58   | 4:35 | 4:23 |
|         | Lorenz Jung                        | 0:33:41   | 4:41 | 4:29 |
|         | Stefan Rava                        | 0:35:58   | 5:00 | 4:47 |
|         | Marcel Kauer                       | 0:37:53   | 5:16 | 5:02 |
|         | Bruno Christen                     | 0:42:30   | 5:54 | 5:39 |
| 13.5.12 | Frauenfeld Triathlon short         | 5.4 km    |      |      |
|         | Nadia Elmer                        | 0:23:46   | 4:24 | 4:24 |

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## Joggertrëff Jahresliste 2012



Zeit

Schnitt

10 km

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17.5.12 Flughafenlauf Kloten

17 km

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|                |         |      |      |
|----------------|---------|------|------|
| Nadja Kessler  | 1:06:59 | 3:56 | 3:47 |
| Andrea Hofer   | 1:13:14 | 4:18 | 4:08 |
| Mägi Giger     | 1:28:33 | 5:13 | 5:00 |
| Mario Studer   | 1:03:13 | 3:43 | 3:34 |
| Ingo Haas      | 1:10:01 | 4:07 | 3:57 |
| Martin Schmidl | 1:10:54 | 4:10 | 4:00 |
| Stephen Dunlop | 1:15:27 | 4:26 | 4:15 |
| Stefan Rava    | 1:28:09 | 5:11 | 4:58 |
| Ruedi Honegger | 1:36:46 | 5:42 | 5:27 |

## Joggerträff Jahresliste 2012



Zeit Schnitt 10 km

| 3.6.12 | Ironman 70.3 Rapperswil     | 21.0975 km |      |      |
|--------|-----------------------------|------------|------|------|
|        | Nadja Kessler               | 1:34:19    | 4:28 | 4:28 |
|        | Andrea Hofer                | 1:40:56    | 4:47 | 4:47 |
|        | Sandra Tschümperlin         | 1:46:25    | 5:03 | 5:03 |
|        | Yvonne Murer                | 1:47:03    | 5:04 | 5:04 |
|        | Katrin Helbling Jungo       | 1:49:16    | 5:11 | 5:11 |
|        | Nora Wieloch                | 1:50:23    | 5:14 | 5:14 |
|        | Evelyne Wiederkehr-Steiner  | 1:54:51    | 5:27 | 5:27 |
|        | Doris Vollenweider          | 2:06:39    | 6:00 | 6:00 |
|        | Natalie Huber               | 2:06:58    | 6:01 | 6:01 |
|        | Jitka Spundova              | 2:13:04    | 6:18 | 6:18 |
|        | Gabriela Ernst              | 2:14:04    | 6:21 | 6:21 |
|        | Natascha Panoff             | 2:22:51    | 6:46 | 6:46 |
|        | Miriam Cadisch              | 2:39:01    | 7:32 | 7:32 |
|        | Wolfgang Braune-Krickau     | 1:27:20    | 4:08 | 4:08 |
|        | Mario Studer                | 1:29:40    | 4:15 | 4:15 |
|        | Thomas Meier                | 1:30:50    | 4:18 | 4:18 |
|        | Beat Murer                  | 1:33:18    | 4:25 | 4:25 |
|        | Walter Bürki                | 1:34:59    | 4:30 | 4:30 |
|        | Oliver Schätti              | 1:36:20    | 4:34 | 4:34 |
|        | Klemen Jakopic              | 1:41:05    | 4:47 | 4:47 |
|        | Reto Brunner                | 1:47:06    | 5:05 | 5:05 |
|        | Martin Schmidl              | 1:48:43    | 5:09 | 5:09 |
|        | Stefan Weilbächer           | 1:56:49    | 5:32 | 5:32 |
|        | Rolf Kaul                   | 1:58:04    | 5:36 | 5:36 |
|        | Walter Wettstein            | 2:00:06    | 5:42 | 5:42 |
|        | Mario Morger                | 2:01:42    | 5:46 | 5:46 |
|        | Bruno Christen              | 2:12:36    | 6:17 | 6:17 |
|        | Stefan Achermann            | 2:13:54    | 6:21 | 6:21 |
|        | Hanspeter Suter             | 2:17:08    | 6:30 | 6:30 |
|        | Stefan Rava                 | 2:17:27    | 6:31 | 6:31 |
|        | Patrick Grealy              | 2:17:51    | 6:32 | 6:32 |
| 3.6.12 | Ironman 70.3 Team Challenge | 21.0975 km |      |      |
|        | Simone Berger               | 2:32:17    | 7:13 | 7:13 |
|        | Dave Hartmann               | 1:27:38    | 4:09 | 4:09 |
|        | René Balz                   | 1:52:16    | 5:19 | 5:19 |
|        | Pascal Züst                 | 1:55:29    | 5:28 | 5:28 |



# Joggerträff Jahresliste 2012



Zeit      Schnitt      10 km

|         |                                 |         |      |      |
|---------|---------------------------------|---------|------|------|
| 9.6.12  | Zumikerlauf                     | 11.2 km |      |      |
|         | Mägi Giger                      | 0:58:27 | 5:13 | 5:13 |
|         | Marianne Henry                  | 1:04:26 | 5:45 | 5:45 |
|         | Thomas Meier                    | 0:43:12 | 3:51 | 3:51 |
|         | Kurt Meier                      | 0:52:07 | 4:39 | 4:39 |
|         | John C. Andrews                 | 0:53:58 | 4:49 | 4:49 |
|         | Vincenzo Zuzolo                 | 0:58:06 | 5:11 | 5:11 |
| 10.6.12 | Frauenlauf Bern 10K             | 10 km   |      |      |
|         | Seraina Simonis                 | 0:50:32 | 5:03 | 5:03 |
|         | Ingrid Balogh                   | 0:52:17 | 5:14 | 5:14 |
|         | Myriam Neyer                    | 0:52:51 | 5:17 | 5:17 |
|         | Nadja Weber                     | 0:54:49 | 5:29 | 5:29 |
| 10.6.12 | Ironman 70.3 (or less) Boise ID | 21.1 km |      |      |
|         | Dani Zurfluh                    | 1:32:16 | 4:22 | 4:22 |
| 16.6.12 | Wylandlauf                      | 15 km   |      |      |
|         | Marianne Henry                  | 1:29:27 | 5:58 | 5:47 |
|         | John C. Andrews                 | 1:12:46 | 4:51 | 4:42 |
|         | Ruedi Honegger                  | 1:39:30 | 6:38 | 6:26 |
| 17.6.12 | Zytturm Tri short distance      | 5 km    |      |      |
|         | Susanne Glaus                   | 0:26:30 | 5:18 | 5:35 |
|         | Nadia Elmer                     | 0:26:36 | 5:19 | 5:37 |
|         | Walter Wettstein                | 0:30:26 | 6:05 | 6:25 |
|         | Frank Oosterbaan                | 0:36:47 | 7:21 | 7:46 |
| 17.6.12 | Zyttum Triathlon Circuit Zug    | 10 km   |      |      |
|         | Evelyne Wiederkehr-Steiner      | 0:49:06 | 4:55 | 4:55 |
|         | Yvonne Murer                    | 0:49:15 | 4:56 | 4:56 |
|         | Doris Vollenweider              | 0:54:54 | 5:29 | 5:29 |
|         | Gabriela Ernst                  | 0:55:30 | 5:33 | 5:33 |
|         | Marisa Matafora                 | 1:06:13 | 6:37 | 6:37 |
|         | Jonas Trindler                  | 0:41:21 | 4:08 | 4:08 |
|         | Beat Murer                      | 0:43:00 | 4:18 | 4:18 |
|         | René Kälin                      | 0:47:27 | 4:45 | 4:45 |
|         | Rolf Messerli                   | 0:51:31 | 5:09 | 5:09 |
|         | Mario Morger                    | 0:53:08 | 5:19 | 5:19 |

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|         |                            |            | Zeit    | Schnitt | 10 km |
|---------|----------------------------|------------|---------|---------|-------|
| 23.6.12 | Graubünden Marathon        | 42.195 km  |         |         |       |
|         | Marianne Steiner           |            | 4:54:30 | 6:59    | 6:15  |
|         | Peter Schranz              |            | 4:23:54 | 6:15    | 5:36  |
| 23.6.12 | Graubündenmarathon Rothorn | 11.5 km    |         |         |       |
|         | Heinz Wyler                |            | 1:40:02 | 8:42    | 8:42  |
|         | Werner Hauser              |            | 1:41:10 | 8:48    | 8:48  |
|         | Ingo Haas                  |            | 1:48:43 | 9:27    | 9:27  |
| 23.6.12 | Graubünden Halbmarathon    | 21.1 km    |         |         |       |
|         | John C. Andrews            |            | 2:03:39 | 5:52    | 5:52  |
| 24.6.12 | Aletsch Halbmarathon       | 21.0975 km |         |         |       |
|         | Verena Wiget               |            | 3:02:33 | 8:39    | 8:10  |
|         | Peter Bodenmann            |            | 2:19:10 | 6:36    | 6:14  |
| 29.6.12 | Klöntalerseelauf           | 12.7 km    |         |         |       |
|         | Ignazio Provinzano         |            | 0:52:27 | 4:08    | 4:03  |
|         | Ingo Haas                  |            | 0:54:32 | 4:18    | 4:13  |
| 29.6.12 | Lauerzerseelauf            | 10 km      |         |         |       |
|         | Vincenzo Zuzolo            |            | 0:49:22 | 4:56    | 4:56  |
| 30.6.12 | Spiezathlon olympisch      | 10 km      |         |         |       |
|         | Adrian Thorpe              |            | 0:42:50 | 4:17    | 4:17  |
| 30.6.12 | Muttersberglauf            | 8.2 km     |         |         |       |
|         | Werner Hauser              |            | 0:55:10 | 6:44    | 6:44  |

## Joggerträff Jahresliste 2012



|         |                                  |           | Zeit    | Schnitt | 10 km |
|---------|----------------------------------|-----------|---------|---------|-------|
| 8.7.12  | Sempachersee Tri short           | 5 km      |         |         |       |
|         | Dani Zurfluh                     |           | 0:21:28 | 4:18    | 4:18  |
|         | Rolf Messerli                    |           | 0:24:19 | 4:52    | 4:52  |
| 8.7.12  | Roth Challenge                   | 42.195 km |         |         |       |
|         | Nora Wieloch                     |           | 4:22:29 | 6:13    | 6:13  |
|         | Natascha Panoff                  |           | 6:11:34 | 8:48    | 8:48  |
|         | René Kälin                       |           | 4:00:53 | 5:43    | 5:43  |
| 8.7.12  | Ironman Frankfurt                | 42.195 km |         |         |       |
|         | Jens Deicher                     |           | 4:29:26 | 6:23    | 6:23  |
| 8.7.12  | Sempachersee Triathlon Circuit S | 5 km      |         |         |       |
|         | Yvonne Murer                     |           | 0:25:11 | 5:02    | 5:02  |
|         | Nadia Elmer                      |           | 0:25:33 | 5:07    | 5:07  |
|         | Didier Rodelli                   |           | 0:22:10 | 4:26    | 4:26  |
|         | Adrian Thorpe                    |           | 0:22:50 | 4:34    | 4:34  |
|         | Walter Wettstein                 |           | 0:27:57 | 5:35    | 5:35  |
|         | Bruno Christen                   |           | 0:31:13 | 6:15    | 6:15  |
| 8.7.12  | New York City Triathlon          | 10 km     |         |         |       |
|         | Frank Oosterbaan                 |           | 1:18:27 | 7:51    | 7:51  |
| 14.7.12 | Zürich Triathlon short           | 5 km      |         |         |       |
|         | Dani Zurfluh                     |           | 0:19:13 | 3:51    | 4:03  |
| 15.7.12 | Zürich Ironman                   | 42.195 km |         |         |       |
|         | Wolfgang Braune-Krickau          |           | 3:25:25 | 4:52    | 4:21  |
|         | Beat Murer                       |           | 3:45:07 | 5:20    | 4:46  |
|         | Oliver Schätti                   |           | 3:46:14 | 5:22    | 4:48  |
|         | Martin Schmidl                   |           | 4:26:06 | 6:18    | 5:39  |
|         | Mario Morger                     |           | 5:20:04 | 7:35    | 6:47  |
|         | Stefan Rava                      |           | 5:20:52 | 7:36    | 6:48  |
| 15.7.12 | Zürich Triathlon Circuit         | 10 km     |         |         |       |
|         | Nadja Kessler                    |           | 0:39:43 | 3:58    | 3:58  |
|         | Yvonne Murer                     |           | 0:48:55 | 4:54    | 4:54  |
|         | Mario Studer                     |           | 0:39:19 | 3:56    | 3:56  |
|         | Adrian Thorpe                    |           | 0:43:57 | 4:24    | 4:24  |
| 15.7.12 | Vogellisi Berglauf Adelboden     | 13.4 km   |         |         |       |
|         | Werner Hauser                    |           | 1:18:01 | 5:49    | 5:49  |

## Joggerträff Jahresliste 2012



|         |                                 |           | Zeit    | Schnitt | 10 km |
|---------|---------------------------------|-----------|---------|---------|-------|
| 20.7.12 | Ägeriseelauf                    | 14.5 km   |         |         |       |
|         | Nadja Kessler                   |           | 0:53:34 | 3:42    | 3:35  |
|         | Sandra Tschümperlin             |           | 1:00:37 | 4:11    | 4:04  |
|         | Yvonne Knobel                   |           | 1:14:43 | 5:09    | 5:00  |
|         | Mario Studer                    |           | 0:51:36 | 3:34    | 3:27  |
|         | Michael Manser                  |           | 0:56:00 | 3:52    | 3:45  |
|         | Ingo Haas                       |           | 0:57:07 | 3:56    | 3:50  |
| 22.7.12 | Genfer Triathlon Circuit Sprint | 5 km      |         |         |       |
|         | Dani Zurfluh                    |           | 0:20:13 | 4:03    | 4:03  |
| 28.7.12 | Swiss Alpine K78                | 78.5 km   |         |         |       |
|         | Peter Schranz                   |           | 7:36:17 | 5:49    | 4:51  |
| 28.7.12 | Swiss Alpine K42                | 42.195 km |         |         |       |
|         | Ingo Haas                       |           | 4:52:55 | 6:57    | 6:02  |
|         | Remo Uhler                      |           | 5:00:39 | 7:08    | 6:12  |
| 28.7.12 | Swiss Alpine K21                | 21 km     |         |         |       |
|         | Werner Hauser                   |           | 2:04:49 | 5:57    | 5:57  |
|         | Peter Corti                     |           | 2:08:30 | 6:07    | 6:07  |
| 28.7.12 | Swiss Alpine C42                | 42.195 km |         |         |       |
|         | Peter Bodenmann                 |           | 3:34:07 | 5:04    | 5:04  |
| 28.7.12 | Swiss Alpine K10                | 10 km     |         |         |       |
|         | Daniela Marxer                  |           | 0:56:17 | 5:38    | 5:38  |
| 5.8.12  | Nyon Triathlon Circuit          | 10 km     |         |         |       |
|         | Adrian Thorpe                   |           | 0:44:48 | 4:29    | 4:29  |

## Joggerträff Jahresliste 2012



Zeit

Schnitt

10 km

| 10.8.12 | Wägitaler Abendlauf         | 12.8 km |      |      |
|---------|-----------------------------|---------|------|------|
|         | Marianne Steiner            | 0:53:07 | 4:09 | 4:04 |
|         | Sandra Tschümperlin         | 0:56:27 | 4:25 | 4:20 |
|         | Susanne Glaus               | 0:59:04 | 4:37 | 4:32 |
|         | Yildiz Strebel              | 1:04:53 | 5:04 | 4:58 |
|         | Marianne Henry              | 1:12:09 | 5:38 | 5:32 |
|         | Verena Wiget                | 1:14:10 | 5:48 | 5:41 |
|         | Ignazio Provinzano          | 0:50:00 | 3:54 | 3:50 |
|         | Peter Schranz               | 0:51:05 | 3:59 | 3:55 |
|         | Ingo Haas                   | 0:51:20 | 4:01 | 3:56 |
|         | Roger Bochtler              | 0:52:38 | 4:07 | 4:02 |
|         | Thomas Gretzmann            | 0:53:26 | 4:10 | 4:06 |
|         | Martin Schmidl              | 0:53:29 | 4:11 | 4:06 |
|         | Peter Corti                 | 0:53:37 | 4:11 | 4:07 |
|         | Stephen Dunlop              | 0:55:05 | 4:18 | 4:13 |
|         | Peter Bodenmann             | 0:56:17 | 4:24 | 4:19 |
|         | John C. Andrews             | 0:57:44 | 4:31 | 4:26 |
|         | Markus Ruoss                | 1:04:08 | 5:01 | 4:55 |
|         | Michael Richter             | 1:06:00 | 5:09 | 5:04 |
|         | Albert Knobel               | 1:08:33 | 5:21 | 5:15 |
|         | Fabian Ruoss                | 1:32:02 | 7:11 | 7:03 |
| 11.8.12 | Schaffhauser Triathlon lang | 15.6 km |      |      |
|         | Wolfgang Braune-Krickau     | 1:02:53 | 4:02 | 4:02 |
|         | Dani Zurfluh                | 1:05:38 | 4:12 | 4:12 |
|         | Max Giger                   | 1:08:24 | 4:23 | 4:23 |
|         | Rolf Messerli               | 1:20:50 | 5:11 | 5:11 |
| 11.8.12 | Schaffhauser Triathlon kurz | 7.8 km  |      |      |
|         | Walter Bürki                | 0:31:37 | 4:03 | 4:03 |
|         | Ingo Haas                   | 0:39:08 | 5:01 | 5:01 |
|         | Walter Wettstein            | 0:39:55 | 5:07 | 5:07 |

# Joggerträff Jahresliste 2012



Zeit Schnitt 10 km

|         |                           |         |      |      |
|---------|---------------------------|---------|------|------|
| 18.8.12 | Schwyzer Triathlon Sprint | 5 km    |      |      |
|         | Marianne Steiner          | 0:20:35 | 4:07 | 4:21 |
|         | Natalie Huber             | 0:26:41 | 5:20 | 5:38 |
|         | Dani Zurfluh              | 0:18:43 | 3:45 | 3:57 |
|         | Roger Bochtler            | 0:19:07 | 3:49 | 4:02 |
|         | Didier Rodelli            | 0:20:14 | 4:03 | 4:16 |
|         | Walter Wettstein          | 0:25:10 | 5:02 | 5:19 |
|         | Frank Oosterbaan          | 0:29:43 | 5:57 | 6:16 |
| 18.8.12 | Sihlseelauf               | 14.6 km |      |      |
|         | Yildiz Strebel            | 1:24:35 | 5:48 | 5:48 |
|         | Stephen Dunlop            | 1:05:53 | 4:31 | 4:31 |
|         | John C. Andrews           | 1:08:01 | 4:40 | 4:40 |
|         | Ingo Haas                 | 1:08:01 | 4:40 | 4:40 |
| 18.8.12 | Schwyzer Triathlon Fun    | 2.5 km  |      |      |
|         | Marisa Matafora           | 0:12:36 | 5:02 | 5:02 |
| 20.8.12 | Inferno Triathlon         | 25 km   |      |      |
|         | Jonas Trindler            | 3:35:50 | 8:38 | 8:38 |
| 26.8.12 | Uster Triathlon Circuit   | 10 km   |      |      |
|         | Nadja Kessler             | 0:39:55 | 4:00 | 4:00 |
|         | Yvonne Murer              | 0:46:44 | 4:40 | 4:40 |
|         | Nora Wieloch              | 0:48:01 | 4:48 | 4:48 |
|         | Natascha Panoff           | 1:07:54 | 6:47 | 6:47 |
|         | Mario Studer              | 0:38:08 | 3:49 | 3:49 |
|         | Wolfgang Braune-Krickau   | 0:38:22 | 3:50 | 3:50 |
|         | Dani Zurfluh              | 0:39:31 | 3:57 | 3:57 |
|         | Beat Murer                | 0:42:23 | 4:14 | 4:14 |
|         | Ingo Haas                 | 0:42:55 | 4:18 | 4:18 |
|         | Adrian Thorpe             | 0:43:03 | 4:18 | 4:18 |
|         | Rolf Messerli             | 0:47:40 | 4:46 | 4:46 |
|         | Mario Morger              | 0:49:29 | 4:57 | 4:57 |
|         | Mike Wisler               | 0:49:42 | 4:58 | 4:58 |
|         | Stefan Rava               | 0:56:04 | 5:36 | 5:36 |
| 26.8.12 | Uster Tri short distance  | 5 km    |      |      |
|         | Nadia Elmer               | 0:22:01 | 4:24 | 4:39 |
|         | Claudia Günsberg          | 0:22:58 | 4:36 | 4:51 |
|         | Oliver Schätti            | 0:19:09 | 3:50 | 4:02 |
|         | Walter Bürki              | 0:19:43 | 3:57 | 4:10 |
|         | Walter Wettstein          | 0:24:06 | 4:49 | 5:05 |

# Joggerträff Jahresliste 2012



Zeit      Schnitt      10 km

|        |                         |           |      |      |
|--------|-------------------------|-----------|------|------|
| 1.9.12 | Rütilauf ZLC            | 11.3 km   |      |      |
|        | Nadja Kessler           | 0:44:26   | 3:56 | 3:56 |
|        | Verena Wiget            | 1:04:40   | 5:43 | 5:43 |
|        | Mario Studer            | 0:42:09   | 3:44 | 3:44 |
|        | Ingo Haas               | 0:48:01   | 4:15 | 4:15 |
|        | John C. Andrews         | 0:52:44   | 4:40 | 4:40 |
|        | Walter Wettstein        | 0:55:59   | 4:57 | 4:57 |
|        | Ruedi Honegger          | 1:08:47   | 6:05 | 6:05 |
| 2.9.12 | Locarno short distance  | 5 km      |      |      |
|        | Nadia Elmer             | 0:20:15   | 4:03 | 4:16 |
| 2.9.12 | Locarno Triathlon 70.3  | 21.1 km   |      |      |
|        | Rolf Messerli           | 1:39:58   | 4:44 | 4:44 |
| 8.9.12 | Jungfrau Marathon       | 42.195 km |      |      |
|        | Nadja Kessler           | 3:52:13   | 5:30 | 4:35 |
|        | Marianne Steiner        | 4:27:34   | 6:20 | 5:17 |
|        | Katrin Helbling Jungo   | 4:43:42   | 6:43 | 5:36 |
|        | Susanne Glaus           | 5:05:47   | 7:15 | 6:02 |
|        | Wolfgang Braune-Krickau | 3:47:42   | 5:24 | 4:30 |
|        | Peter Schranz           | 3:48:10   | 5:24 | 4:30 |
|        | Heinz Wyler             | 4:27:14   | 6:20 | 5:17 |
|        | Peter Corti             | 4:34:24   | 6:30 | 5:25 |
|        | Roger Bochtler          | 4:37:44   | 6:35 | 5:29 |
|        | Peter Bodenmann         | 5:04:08   | 7:12 | 6:00 |
|        | Pascal Züst             | 5:16:18   | 7:30 | 6:15 |
|        | Andreas Kosanke         | 5:22:44   | 7:39 | 6:22 |
|        | Markus Ruoss            | 6:05:23   | 8:40 | 7:13 |
| 8.9.12 | Türlerseelauf Affoltern | 14.3 km   |      |      |
|        | Marianne Henry          | 1:27:36   | 6:08 | 6:08 |
|        | John C. Andrews         | 1:05:15   | 4:34 | 4:34 |
|        | Carlo Fusco             | 1:07:13   | 4:42 | 4:42 |
|        | Vincenzo Zuzolo         | 1:14:20   | 5:12 | 5:12 |
|        | Michael Richter         | 1:16:14   | 5:20 | 5:20 |

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Zeit Schnitt 10 km

|         |                         |            |      |      |
|---------|-------------------------|------------|------|------|
| 22.9.12 | Greifenseelauf          | 21.0975 km |      |      |
|         | Lisa Lanker             | 1:42:36    | 4:52 | 4:35 |
|         | Ingrid Balogh           | 1:55:06    | 5:27 | 5:09 |
|         | Marianne Henry          | 2:04:00    | 5:53 | 5:33 |
|         | Wolfgang Braune-Krickau | 1:22:14    | 3:54 | 3:41 |
|         | Ingo Haas               | 1:31:50    | 4:21 | 4:07 |
|         | Stephen Dunlop          | 1:31:57    | 4:22 | 4:07 |
|         | Otmar Jud               | 1:32:00    | 4:22 | 4:07 |
|         | Carlo Fusco             | 1:35:01    | 4:30 | 4:15 |
|         | Peter Corti             | 1:37:27    | 4:37 | 4:22 |
|         | John C. Andrews         | 1:37:35    | 4:38 | 4:22 |
|         | Mike Wisler             | 1:39:22    | 4:43 | 4:27 |
|         | Stefan Weilbacher       | 1:42:52    | 4:53 | 4:36 |
|         | Walter Wettstein        | 1:48:18    | 5:08 | 4:51 |
|         | Vincenzo Zuzolo         | 1:50:01    | 5:13 | 4:55 |
|         | Michael Richter         | 1:53:10    | 5:22 | 5:04 |
|         | Marcel Kauer            | 1:55:12    | 5:28 | 5:09 |
|         | Michael Lanker          | 2:02:11    | 5:47 | 5:28 |
|         | Ruedi Honegger          | 2:11:33    | 6:14 | 5:53 |
| 22.9.12 | Greifenseelauf kurz     | 10 km      |      |      |
|         | Nadja Weber             | 0:53:45    | 5:23 | 5:23 |
| 30.9.12 | Pfäffikerseelauf        | 12.3 km    |      |      |
|         | Mario Studer            | 0:45:29    | 3:42 | 3:38 |
|         | Carlo Fusco             | 0:54:12    | 4:24 | 4:20 |
|         | John C. Andrews         | 0:56:35    | 4:36 | 4:32 |
|         | Vincenzo Zuzolo         | 0:59:25    | 4:50 | 4:45 |
|         | Michael Richter         | 1:04:01    | 5:12 | 5:08 |
|         | Ruedi Honegger          | 1:10:27    | 5:44 | 5:38 |
| 6.10.12 | Schlosslauf kurz        | 5.41 km    |      |      |
|         | Nadja Kessler           | 0:20:46    | 3:50 | 4:02 |
| 6.10.12 | Bachtel Panoramalauf    | 11.4 km    |      |      |
|         | Nadja Kessler           | 0:44:28    | 3:54 | 3:54 |
|         | Katrin Helbling Jungo   | 0:54:06    | 4:45 | 4:45 |



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Zeit Schnitt 10 km

|          |                         |            |      |      |
|----------|-------------------------|------------|------|------|
| 7.10.12  | Schlosslauf lang        | 9.03 km    |      |      |
|          | Marianne Henry          | 0:50:23    | 5:35 | 5:37 |
|          | Mario Studer            | 0:34:14    | 3:47 | 3:49 |
|          | Walter Bürki            | 0:34:39    | 3:50 | 3:52 |
|          | Martin Schmidl          | 0:36:51    | 4:05 | 4:07 |
|          | Erich Weber             | 0:37:24    | 4:09 | 4:10 |
|          | Ingo Haas               | 0:37:44    | 4:11 | 4:13 |
|          | John C. Andrews         | 0:40:58    | 4:32 | 4:34 |
| 13.10.12 | Hallwilersee HM         | 21.0975 km |      |      |
|          | Nadja Kessler           | 1:23:11    | 3:57 | 3:43 |
|          | Mägi Giger              | 1:54:38    | 5:26 | 5:08 |
|          | Andrea Neyer            | 2:02:00    | 5:47 | 5:28 |
|          | Mario Studer            | 1:18:34    | 3:43 | 3:31 |
|          | Wolfgang Braune-Krickau | 1:20:35    | 3:49 | 3:36 |
|          | Didier Rodelli          | 1:28:24    | 4:11 | 3:57 |
|          | Peter Corti             | 1:30:13    | 4:17 | 4:02 |
|          | Peter Bodenmann         | 1:37:03    | 4:36 | 4:21 |
|          | Michael Richter         | 1:50:27    | 5:14 | 4:57 |
| 13.10.12 | Hallwilersee 10K        | 10 km      |      |      |
|          | Yvonne Knobel           | 0:47:36    | 4:46 | 4:46 |
|          | Nadja Weber             | 0:52:01    | 5:12 | 5:12 |
| 14.10.12 | Berlin Asics Grand 10   | 10 km      |      |      |
|          | Stephen Dunlop          | 0:40:44    | 4:04 | 4:04 |
| 14.10.12 | München Marathon        | 42.195 km  |      |      |
|          | Peter Schranz           | 2:45:27    | 3:55 | 3:55 |
| 21.10.12 | Transviamalalauflauf    | 19 km      |      |      |
|          | Ingrid Balogh           | 2:19:02    | 7:19 | 7:19 |
|          | Heinz Wyler             | 1:39:28    | 5:14 | 5:14 |
|          | Peter Bodenmann         | 1:45:20    | 5:33 | 5:33 |
|          | Thomas Gretzmann        | 1:50:30    | 5:49 | 5:49 |
|          | Daniel Suppiger         | 2:00:00    | 6:19 | 6:19 |
|          | Markus Ruoss            | 2:25:34    | 7:40 | 7:40 |
| 27.10.12 | Glarner Stadtlauf kurz  | 4.71 km    |      |      |
|          | Mägi Giger              | 0:22:26    | 4:46 | 5:03 |
| 27.10.12 | Glarner Stadtlauf lang  | 7.85 km    |      |      |
|          | Martin Schmidl          | 0:30:33    | 3:54 | 3:58 |
|          | Erich Weber             | 0:31:58    | 4:04 | 4:09 |

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|          |                         | Zeit       | Schnitt | 10 km |
|----------|-------------------------|------------|---------|-------|
| 28.10.12 | Luzern Marathon         | 42.195 km  |         |       |
|          | Dani Zurfluh            | 3:15:45    | 4:38    | 4:09  |
|          | Daniel Suppiger         | 3:53:50    | 5:33    | 4:58  |
| 28.10.12 | Luzern Halbmarathon     | 21.0975 km |         |       |
|          | Nadja Kessler           | 1:23:32    | 3:58    | 3:44  |
|          | Sandra Tschümperlin     | 1:37:16    | 4:37    | 4:21  |
|          | Maren Kummerfeld        | 1:37:55    | 4:38    | 4:23  |
|          | Yvonne Knobel           | 1:45:54    | 5:01    | 4:44  |
|          | Nadja Weber             | 1:59:39    | 5:40    | 5:21  |
|          | Marisa Matafora         | 2:07:16    | 6:02    | 5:42  |
|          | Michael Manser          | 1:28:25    | 4:11    | 3:57  |
|          | Stephen Dunlop          | 1:32:09    | 4:22    | 4:07  |
|          | Mario Studer            | 1:32:27    | 4:23    | 4:08  |
|          | Carlo Fusco             | 1:33:59    | 4:27    | 4:12  |
|          | John C. Andrews         | 1:39:14    | 4:42    | 4:26  |
|          | Ignazio Provinzano      | 1:44:48    | 4:58    | 4:41  |
|          | Vincenzo Zuzolo         | 1:46:29    | 5:03    | 4:46  |
|          | Michael Richter         | 1:48:06    | 5:07    | 4:50  |
| 4.11.12  | Wallisellerlauf         | 9.5 km     |         |       |
|          | Nadja Kessler           | 0:38:14    | 4:01    | 4:02  |
|          | Katrin Helbling Jungo   | 0:45:01    | 4:44    | 4:45  |
|          | Mario Studer            | 0:36:09    | 3:48    | 3:49  |
|          | Martin Schmidl          | 0:40:03    | 4:13    | 4:14  |
|          | Dave Hartmann           | 0:40:51    | 4:18    | 4:19  |
| 14.11.12 | Basler Stadtlauf        | 5.5 km     |         |       |
|          | Yildiz Strebel          | 0:25:52    | 4:42    | 4:42  |
| 18.11.12 | Frauenfelder HM         | 21.0975 km |         |       |
|          | Nadja Kessler           | 1:21:48    | 3:53    | 3:40  |
|          | Mägi Giger              | 1:44:41    | 4:58    | 4:41  |
|          | Mario Studer            | 1:16:08    | 3:37    | 3:24  |
|          | John C. Andrews         | 1:50:34    | 5:14    | 4:57  |
| 18.11.12 | Valencia Marathon       | 42.195 km  |         |       |
|          | Sonja Ziegler           | 4:05:14    | 5:49    | 5:49  |
| 18.11.12 | Valencia Divina Pastora | 10 km      |         |       |
|          | Martin Schmidl          | 0:40:42    | 4:04    | 4:04  |

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Zeit      Schnitt      10 km

| 1.12.12  | Joner Chlauslauf           | 9.5 km  |      |      |
|----------|----------------------------|---------|------|------|
|          | Katrin Helbling Jungo      | 0:44:08 | 4:39 | 4:39 |
|          | Evelyne Wiederkehr-Steiner | 0:48:30 | 5:06 | 5:06 |
|          | Dave Hartmann              | 0:36:27 | 3:50 | 3:50 |
|          | Beat Murer                 | 0:39:05 | 4:07 | 4:07 |
|          | Martin Schmidl             | 0:39:40 | 4:11 | 4:11 |
|          | Jürg Fraefel               | 0:42:38 | 4:29 | 4:29 |
|          | Frank Oosterbaan           | 0:57:30 | 6:03 | 6:03 |
| 9.12.12  | Lachner Weihnachtslauf     | 5.36 km |      |      |
|          | Nadja Kessler              | 0:22:18 | 4:10 | 4:10 |
|          | Nadja Kaufmann             | 0:27:44 | 5:10 | 5:10 |
|          | Mägi Giger                 | 0:28:11 | 5:15 | 5:15 |
|          | Sonja Ziegler              | 0:28:30 | 5:19 | 5:19 |
|          | Marianne Henry             | 0:31:53 | 5:57 | 5:57 |
|          | Oliver Schätti             | 0:20:46 | 3:52 | 3:52 |
|          | Martin Schmidl             | 0:23:02 | 4:18 | 4:18 |
|          | Stephen Dunlop             | 0:23:18 | 4:21 | 4:21 |
|          | Otmar Jud                  | 0:23:25 | 4:22 | 4:22 |
|          | Stefan Weilbächer          | 0:24:59 | 4:40 | 4:40 |
| 16.12.12 | Zürcher Silvesterlauf      | 8.6 km  |      |      |
|          | Nadja Kaufmann             | 0:42:49 | 4:59 | 5:02 |
|          | Sonja Ziegler              | 0:43:19 | 5:02 | 5:06 |
|          | Daniela Ammann             | 0:46:38 | 5:25 | 5:29 |
|          | Marianne Henry             | 0:46:56 | 5:27 | 5:31 |
|          | Verena Wiget               | 0:49:16 | 5:44 | 5:48 |
|          | Oliver Schätti             | 0:30:58 | 3:36 | 3:39 |
|          | Wolfgang Braune-Krickau    | 0:32:14 | 3:45 | 3:48 |
|          | Reto Brunner               | 0:33:33 | 3:54 | 3:57 |
|          | Martin Schmidl             | 0:33:59 | 3:57 | 4:00 |
|          | Stephen Dunlop             | 0:34:44 | 4:02 | 4:05 |
|          | Peter Corti                | 0:36:18 | 4:13 | 4:16 |
|          | Carlo Fusco                | 0:36:49 | 4:17 | 4:20 |
|          | Stefan Weilbächer          | 0:37:41 | 4:23 | 4:26 |
|          | Raffael Peluso             | 0:37:52 | 4:24 | 4:27 |
|          | Hans Kessler               | 0:40:11 | 4:40 | 4:44 |
|          | Vincenzo Zuzolo            | 0:41:11 | 4:47 | 4:51 |
| 30.12.12 | Altacher Silvesterlauf     | 12.6 km |      |      |
|          | Ignazio Provinzano         | 0:46:55 | 3:43 | 3:43 |

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## Joggertrëff Jahresliste 2012



Zeit      Schnitt      10 km

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| 31.12.12 Gersauer Silvesterlauf 10Km |  | 10 km   |      |      |
|--------------------------------------|--|---------|------|------|
| Nadja Kessler                        |  | 0:40:03 | 4:00 | 4:00 |
| Yildiz Strebel                       |  | 0:51:46 | 5:11 | 5:11 |
| Mägi Giger                           |  | 0:51:52 | 5:11 | 5:11 |
| Verena Wiget                         |  | 0:55:44 | 5:34 | 5:34 |
| Mario Studer                         |  | 0:36:40 | 3:40 | 3:40 |
| Dani Zurfluh                         |  | 0:39:45 | 3:59 | 3:59 |
| Max Giger                            |  | 0:40:09 | 4:01 | 4:01 |
| Stefan Weilbächer                    |  | 0:45:01 | 4:30 | 4:30 |
| Hanspeter Meier                      |  | 0:46:15 | 4:38 | 4:38 |
| Michael Richter                      |  | 0:51:29 | 5:09 | 5:09 |
| Markus Ruoss                         |  | 0:53:31 | 5:21 | 5:21 |
| 31.12.12 Gersauer Volkslauf 5Km      |  | 5 km    |      |      |
| Louis Giger                          |  | 0:22:34 | 4:31 | 4:31 |