

Joggerträff Jahresliste 2003

| | | Zeit | Schnitt |
|--------------------------|-----------|----------|---------|
| 100 Km Biel | 100 km | | |
| Marcel Fehr | | 11:01:56 | 6:37 |
| Affoltern Laufsporttag | 11 km | | |
| Max Giger | | 0:41:13 | 3:45 |
| Ruedi Honegger | | 0:58:56 | 5:21 |
| Ägeriseelauf | 15 km | | |
| Marianne Steiner | | 1:07:38 | 4:31 |
| Xaver Keller | | 0:52:23 | 3:30 |
| Erich Weber | | 0:59:24 | 3:58 |
| Patrik Iten | | 1:00:27 | 4:02 |
| Werner Hauser | | 1:00:50 | 4:03 |
| Amdener Berglauf | 10.9 km | | |
| Verena Wiget | | 1:29:50 | 8:14 |
| Marianne Steiner | | 1:37:11 | 8:55 |
| Baldeggerseelauf | 16.1 km | | |
| Andreas Kosanke | | 1:08:39 | 4:16 |
| Basler HM | 21.098 km | | |
| John C. Andrews | | 1:39:45 | 4:44 |
| Bogmenlauf | 8 km | | |
| Marianne Steiner | | 1:16:04 | 9:30 |
| Verena Wiget | | 1:20:43 | 10:05 |
| Max Giger | | 0:56:45 | 7:06 |
| Bremgarten-Reusslauf | 10.5 km | | |
| Ruedi Honegger | | 0:55:25 | 5:17 |
| Eschenbacher Geländelauf | 9.8 km | | |
| Xaver Keller | | 0:37:38 | 3:50 |
| Peter Bodenmann | | 0:40:46 | 4:10 |
| John C. Andrews | | 0:42:30 | 4:20 |
| Erich Weber | | 0:42:52 | 4:22 |
| Flughafenlauf Kloten | 17 km | | |
| Max Giger | | 1:05:20 | 3:51 |
| Ruedi Honegger | | 1:36:07 | 5:39 |
| Frauenfelder HM | 21.098 km | | |
| John C. Andrews | | 1:35:07 | 4:30 |
| Frauenfelder Marathon | 42.195 km | | |
| Peter Bodenmann | | 3:28:02 | 4:56 |

Joggerträff Jahresliste 2003

| | | Zeit | Schnitt |
|--------------------------------|--------------------|---------|---------|
| Gersauer Silvesterlauf | | | |
| | 7.5 km | | |
| | Xaver Keller | 0:28:08 | 3:45 |
| | Max Giger | 0:28:12 | 3:46 |
| GP Bern | | | |
| | 16.09 km | | |
| | Elisabeth Honegger | 1:35:23 | 5:56 |
| | Peter Bodenmann | 1:08:20 | 4:15 |
| | John C. Andrews | 1:10:42 | 4:24 |
| | Ruedi Honegger | 1:31:31 | 5:41 |
| Graubünden Marathon | | | |
| | 42.195 km | | |
| | Xaver Keller | 5:00:20 | 7:07 |
| Greifenseelauf | | | |
| | 21.098 km | | |
| | Marianne Steiner | 1:55:43 | 5:29 |
| | Isabelle Steiner | 1:57:02 | 5:33 |
| | Lilian Kunz | 2:04:56 | 5:55 |
| | Andreas Kosanke | 1:38:37 | 4:40 |
| | Werner Hauser | 1:43:17 | 4:54 |
| | Peter Helbling | 2:01:41 | 5:46 |
| | Ruedi Honegger | 2:14:18 | 6:22 |
| Hellebardenlauf Sempach | | | |
| | 17.3 km | | |
| | Andreas Kosanke | 1:12:43 | 4:12 |
| Illgau-Spirstock | | | |
| | 11 km | | |
| | Max Giger | 1:08:16 | 6:12 |
| | Hanspeter Meier | 1:15:21 | 6:51 |
| | John C. Andrews | 1:22:58 | 7:33 |
| | Werner Hauser | 1:23:53 | 7:38 |
| | Erich Weber | 1:25:32 | 7:47 |
| Jungfrau Marathon | | | |
| | 42.195 km | | |
| | Peter Bodenmann | 4:43:24 | 6:43 |
| Kerzerslauf | | | |
| | 15 km | | |
| | Isabelle Steiner | 1:18:47 | 5:15 |
| Kreuzegg Berglauf | | | |
| | 12 km | | |
| | Verena Wiget | 1:27:35 | 7:18 |
| Lachner Weihnachtslauf | | | |
| | 4.95 km | | |
| | Marianne Steiner | 0:21:04 | 4:15 |
| | Verena Wiget | 0:22:58 | 4:38 |
| | Xaver Keller | 0:17:11 | 3:28 |
| | Erich Weber | 0:18:03 | 3:39 |
| | Peter Bodenmann | 0:19:05 | 3:51 |
| | Marcel Fehr | 0:20:41 | 4:11 |

Joggerträff Jahresliste 2003

| | | Zeit | Schnitt |
|--------------------------|-----------|---------|---------|
| Laufsporttag Winterthur | 11 km | | |
| Max Giger | | 0:41:16 | 3:45 |
| Laufträff Jona | 7.4 km | | |
| Erich Weber | | 0:29:51 | 4:02 |
| Locarno Triathlon | 20 km | | |
| Sandra Tschümperlin | | 2:02:26 | 6:07 |
| Peter Ernst | | 2:13:00 | 6:39 |
| Männedörfler Waldlauf | 11.5 km | | |
| Sandra Tschümperlin | | 0:57:44 | 5:01 |
| Xaver Keller | | 0:44:27 | 3:52 |
| Michael Scherrer | | 0:46:01 | 4:00 |
| Erich Weber | | 0:49:54 | 4:20 |
| Ruedi Honegger | | 1:04:05 | 5:34 |
| Melser Dorflauf | 10 km | | |
| Marianne Steiner | | 0:43:42 | 4:22 |
| Xaver Keller | | 0:32:14 | 3:13 |
| Murten-Freiburg | 17.2 km | | |
| Ruedi Honegger | | 1:37:40 | 5:41 |
| Neujahrslauf Dietikon | 12.1 km | | |
| Max Giger | | 0:45:51 | 3:47 |
| Erich Weber | | 0:51:03 | 4:13 |
| John C. Andrews | | 0:52:32 | 4:20 |
| Ruedi Honegger | | 1:06:38 | 5:30 |
| New York City Marathon | 42.195 km | | |
| Werner Hauser | | 3:37:16 | 5:09 |
| Palm Beaches Marathon | 42.195 km | | |
| Werner Hauser | | 3:37:16 | 5:09 |
| Panoramalauf Richterswil | 10 km | | |
| Xaver Keller | | 0:38:21 | 3:50 |
| Max Giger | | 0:38:25 | 3:51 |
| Erich Weber | | 0:43:08 | 4:19 |
| Werner Hauser | | 0:43:17 | 4:20 |
| Ruedi Honegger | | 0:56:50 | 5:41 |
| Pfäffikerseelauf | 12.2 km | | |
| Max Giger | | 0:45:09 | 3:42 |
| Werner Hauser | | 0:52:23 | 4:18 |
| John C. Andrews | | 0:55:21 | 4:32 |
| Ruedi Honegger | | 1:05:39 | 5:23 |

Joggerträff Jahresliste 2003

| | | Zeit | Schnitt |
|-------------------------------|---------------------|---------|---------|
| Rigi-Berglauf | 11.3 km | | |
| | Verena Wiget | 1:52:00 | 9:55 |
| | Xaver Keller | 1:25:53 | 7:36 |
| Schlosslauf lang | 9.03 km | | |
| | Andreas Kosanke | 0:36:27 | 4:02 |
| | Peter Bodenmann | 0:36:59 | 4:06 |
| Sihlseeauf | 13 km | | |
| | Xaver Keller | 0:50:12 | 3:52 |
| | Werner Hauser | 0:56:43 | 4:22 |
| | Erich Weber | 0:58:00 | 4:28 |
| Sola-Stafette Etappe 3 | 6.2 km | | |
| | Max Giger | 0:31:45 | 5:07 |
| Swiss Alpine K78 | 78.5 km | | |
| | Peter Bodenmann | 8:22:09 | 6:24 |
| Uetliberglauf | 14 km | | |
| | Max Giger | 0:55:43 | 3:59 |
| | John C. Andrews | 1:06:01 | 4:43 |
| Wägitaler Abendlauf | 12.8 km | | |
| | Xaver Keller | 0:47:17 | 3:42 |
| | Max Giger | 0:49:18 | 3:51 |
| | Andreas Kosanke | 0:50:37 | 3:57 |
| | Peter Bodenmann | 0:53:08 | 4:09 |
| | Erich Weber | 0:54:09 | 4:14 |
| | Werner Hauser | 0:54:40 | 4:16 |
| | Sepp Nötzli | 1:04:48 | 5:04 |
| | Ruedi Honegger | 1:31:21 | 7:08 |
| Wallisellerlauf | 9.5 km | | |
| | Yvonne Knobel | 0:51:48 | 5:27 |
| | Peter Bodenmann | 0:39:23 | 4:09 |
| | Sepp Nötzli | 0:50:27 | 5:19 |
| Wylandlauf | 15 km | | |
| | Max Giger | 0:56:48 | 3:47 |
| Zufi Triathon | 15 km | | |
| | Sandra Tschümperlin | 1:22:03 | 5:28 |
| | Peter Ernst | 1:34:18 | 6:17 |
| Zumikerlauf | 10.9 km | | |
| | Max Giger | 0:41:06 | 3:46 |

Joggerträff Jahresliste 2003

| | | Zeit | Schnitt |
|----------------------------|-----------|---------|---------|
| Zürcher Silvesterlauf lang | 9.1 km | | |
| Verena Wiget | | 0:43:47 | 4:49 |
| Lilian Kunz | | 0:48:39 | 5:21 |
| Daniela Züger | | 0:50:47 | 5:35 |
| Andreas Kosanke | | 0:35:34 | 3:55 |
| Peter Bodenmann | | 0:36:30 | 4:01 |
| John C. Andrews | | 0:37:57 | 4:10 |
| Raffael Peluso | | 0:43:49 | 4:49 |
| Sepp Nötzli | | 0:44:47 | 4:55 |
| Eduardo Calendo | | 0:46:49 | 5:09 |
| Zürcher Silvesterlauf Paar | 7 km | | |
| Sandra Tschümperlin | | 0:23:35 | 3:22 |
| Zürich Marathon | 42.195 km | | |
| Verena Wiget | | 3:50:57 | 5:28 |
| Isabelle Steiner | | 3:57:10 | 5:37 |
| Sandra Tschümperlin | | 4:05:49 | 5:50 |
| Marianne Steiner | | 4:08:22 | 5:53 |
| Xaver Keller | | 2:52:48 | 4:06 |
| Max Giger | | 3:02:10 | 4:19 |
| Roger Schneider | | 3:17:19 | 4:41 |
| Erich Weber | | 3:29:02 | 4:57 |
| John C. Andrews | | 3:32:02 | 5:02 |
| Hanspeter Meier | | 3:32:47 | 5:03 |
| Guido Romer | | 3:33:00 | 5:03 |
| Beat Philipp | | 3:38:56 | 5:11 |
| Roland Strebel | | 4:13:11 | 6:00 |
| Marcel Fehr | | 4:16:59 | 6:05 |
| Ruedi Honegger | | 4:21:00 | 6:11 |
| Peter Ernst | | 4:34:41 | 6:31 |